

Our Lady and St Peter, Aldeburgh

(With All Saints, Seaward Avenue, Leiston,
IP16 4BA)

Parish Priest: Fr David Bagstaff

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4th SUNDAY IN ORDINARY TIME

1st February 2026

Masses during the Week

All Masses at Aldeburgh are live-streamed*

Saturday 1800 Aldeburgh* People of the Parish

Sunday (1st) 0915 Leiston Ints of Hugh Da Les
Casas

1100 Aldeburgh*

Monday No Mass today

Tuesday No Mass today

Wednesday No Mass today

Thursday No Mass today

Friday No Mass today

Saturday 1800 Aldeburgh*

Sunday (8th) 0915 Leiston Piers Lidvall RIP

1100 Aldeburgh* People of the Parish

Livestreamlink for Mass

https://studio.youtube.com/channel/UC-GsEOvS0m19a_jvjpgLRDw/livestreaming

We extend a warm welcome to those visiting our parish this weekend and thank you for your offertory gift, which you can 'gift aid' by using one of the envelopes from the back of church.

Tea/coffee is served in the hall after the Sunday Mass at Leiston. All welcome.

Children's Worksheets (LOOK) are available at the back of church. They are based on the Sunday readings.

Sorry, there are no Weekday Masses this week.

Diocesan Newspaper – The February issue is now out. Do pick up a copy as you leave Mass. FREE!

Feasts of the Week: Monday – The Presentation of the Lord; Tuesday – St Blaise; Thursday – St Agatha; Friday – St Paul Miki and Companions.

Modern Day Slavery: Caritas East Anglia has updated the leaflet which highlights the present Diocesan initiative in tackling modern day slavery. Copies of this very informative and practical leaflet are available at the back of church.

Diocesan Yearbook and Calendar of feasts and seasons for 2026 is now available for just £5. A great buy.

Pilgrimage Opportunities for Young People: Summer 2026 Lourdes and Summer 2027 World Youth Day in Seoul. Find out more at our Launch on February 22nd 2026 at Newmarket Parish Centre, 14 Exeter Road, Newmarket CB8 8LT. The afternoon starts at 1pm (please bring a packed lunch) and will end by 3:00pm. www.rcdea.org.uk/youth

World Day of Prayer: You are warmly invited to join the churches of Aldeburgh on Friday 6th March 2026, to celebrate the World Day of Prayer. Every year on the first Friday of March the great wave of prayer begins on the international dateline in Samoa. Early in the morning Christians begin praying for our world. As the earth rotates a great wave of prayer begins to build, and sweeps across the oceans, islands and continents, further and further west as the day wears on. Finally, 24 hours later, it reaches American Samoa, where the final WDP Service takes place.

This year we will be praying for Nigeria, the country where you are most likely to lose your life for your faith if you are Christian. There will be a Friday morning Service at 11.00am in the Fairfield Centre, followed by a free soup & bread lunch. Put the date in your diaries! 6th March 2026.

Don't forget to let me know if you are unable to attend Mass due to ill health, as we can arrange a home visit with Holy Communion.

Also, remember that the weekly Newsletter is available on the parish website.

Rachel's Vineyard: A healing ministry for those who are suffering from the trauma of abortion. Their next Retreat weekend in the diocese is 6-8th March. For information see the poster in the porch.

A letter has come to the presbytery for Mark & Shirley Kalinauckas – can anyone assist with passing it on?

Looking for lodgings! One of our delightful young parishioners is looking for somewhere to lodge from the beginning of April. She is a carer at Garrett House but sadly there is a significant rent increase from April, and she needs to find a new place to stay in Aldeburgh.

Can you help? If so, please get in touch with Joyana Thariath on 07776 807454. References available.

Money Matters: Thank you for your weekly collections. Last week's plate collection was £226.52p We are also grateful for the generous weekly Standing Orders, which currently amount to about £640 per week. Have you set up a Standing Order with the parish? It's easy: 'St Peter's Catholic Church Parish Account' Sort Code 20-98-07: a/c number: 90777048. **And for Gift Aid purposes, the Charity number for the diocese is 278742.**

We remember those who are sick and housebound in the parish and all whose anniversaries occur at this time of the year.

We also remember Heather Maybey who died on Thursday and hold her family and friends in prayer.

Every blessing for the coming week. Fr David

Readings for the 4th Sunday in Ordinary Time (A)

First reading Zephaniah 2:3; 3:12-13

Seek the Lord, all you humble of the land, who do his just commands; seek righteousness; seek humility; perhaps you may be hidden on the day of the anger of the Lord.

I will leave in your midst a people humble and lowly. They shall seek refuge in the name of the Lord, those who are left in Israel; they shall do no injustice and speak no lies, nor shall there be found in their mouth a deceitful tongue. For they shall graze and lie down, and none shall make them afraid.

Responsorial Psalm

Ps 146(145):6c-7. 8-9a. 9b-10. R Matthew 5:3

*Blessed are the poor in spirit;
for theirs is the kingdom of heaven.*

It is the Lord who preserves fidelity for ever,
who does justice to those who are oppressed.

It is he who gives bread to the hungry,
the Lord who sets prisoners free.

*Blessed are the poor in spirit;
for theirs is the kingdom of heaven.*

The Lord who opens the eyes of the blind,
the Lord who raises up those who are bowed down.

It is the Lord who loves the just,
the Lord who protects the stranger.

*Blessed are the poor in spirit;
for theirs is the kingdom of heaven.*

The Lord upholds the orphan and the widow,
but thwarts the path of the wicked.

The Lord will reign for ever,
your God, O Sion, from age to age.

*Blessed are the poor in spirit;
for theirs is the kingdom of heaven.*

Second reading 1 Corinthians 1:26-31

Consider your calling, brothers and sisters: not many of you were wise according to worldly standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, even things that are not, to bring to nothing things that are, so that no human being might boast in the presence of God. And because of him you are in Christ Jesus, who became to us wisdom from God,

righteousness, and sanctification, and redemption; so that, as it is written, 'Let the one who boasts, boast in the Lord.'

Gospel Acclamation

Matthew 5:12a

Alleluia, alleluia.

Rejoice and be glad,
for your reward is great in heaven.

Alleluia.

Gospel

Matthew 5:1-12a

At that time: Seeing the crowds, Jesus went up on the mountain, and when he sat down, his disciples came to him. And he opened his mouth and taught them, saying: 'Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. Blessed are the merciful, for they shall receive mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven.'