

Our Lady and St Peter, Aldeburgh

(With All Saints, Seaward Avenue, Leiston,
IP16 4BA)

Parish Priest: Fr David Bagstaff

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5th SUNDAY IN ORDINARY TIME

8th February 2026

Masses during the Week

All Masses at Aldeburgh are live-streamed*

Saturday	1800 Aldeburgh*	People of the Parish
Sunday (8th)	0915 Leiston	Piers Lidvall RIP
	1100 Aldeburgh*	
Monday	No Mass today	
Tuesday	0900 Leiston	Archbishop Keating (FM)
Wednesday	0900 Aldeburgh*	For the sick
Thursday	0900 Leiston	
Friday	0900 Aldeburgh*	
Saturday	1800 Aldeburgh*	
Sunday (15th)	0915 Leiston	
	1100 Aldeburgh*	People of the Parish

Livestreamlink for Mass

https://studio.youtube.com/channel/UC-GsEOvS0m19a_jvjpgLRDw/livestreaming

We extend a warm welcome to those visiting our parish this weekend and thank you for your offertory gift, which you can 'gift aid' by using one of the envelopes from the back of church.

Tea/coffee is served in the hall after the Sunday Mass at Leiston. All welcome.

Children's Worksheets (LOOK) are available at the back of church. They are based on the Sunday readings.

Diocesan Newspaper – The February issue is now out. Do pick up a copy as you leave Mass. FREE!

Feasts of the Week: Tuesday – St Scholastica; Wednesday – Our Lady of Lourdes (*World Day of Prayer for the Sick*); Saturday – SS Cyril and Methodius.

This SUNDAY, 8th February, we pray for the VICTIMS OF TRAFFICKING AND SLAVERY and for their rescue. We celebrate the FEAST OF ST. JOSEPHINE BAKHITA, a Sudanese

woman who was canonised by Pope St John Paul II in 2000. She was sold into slavery, rescued and then became a nun in Italy.

The number of enslaved people currently estimated to be living all around East Anglia is 5,000. Pope Francis wanted us to "find" enslaved people. All that means is learning (simply) to spot the signs and safely report any concerns to the Modern Slavery Helpline 08000 121 700. The group of Diocesan Freedom Watchers is looking for your help in a number of ways. Contact john_simong@hotmail.com Search "RCDEA slavery" to learn more and how you can help. All you need is a desire to end slavery.

Diocesan Yearbook and Calendar of feasts and seasons for 2026 is now available for just £5. A great buy.

Pilgrimage Opportunities for Young People: Summer 2026 Lourdes and Summer 2027 World Youth Day in Seoul. Find out more at our Launch on February 22nd 2026 at Newmarket Parish Centre, 14 Exeter Road, Newmarket CB8 8LT. The afternoon starts at 1pm (please bring a packed lunch) and will end by 3:00pm. www.rcdea.org.uk/youth

Inviting Young people Year 7 to Young Adults for a special Ipswich Deanery Youth Day - 14th March held at St. Mary Magdalene's Church, Ipswich. The day will include Inspiring talks, prayer, games and delicious food! For more information and to download a parental consent form, please see www.rcdea.org.uk/youth

World Day of Prayer: You are warmly invited to join the churches of Aldeburgh on Friday 6th March 2026, to celebrate the World Day of Prayer. Every year on the first Friday of March the great wave of prayer begins on the international dateline in Samoa. Early in the morning Christians begin praying for our world. As the earth rotates a great wave of prayer begins to build, and sweeps across the oceans, islands and continents, further and further west as the day wears on. Finally, 24 hours later, it reaches American Samoa, where the final WDP Service takes place.

This year we will be praying for Nigeria, the country where you are most likely to lose your life for your faith if you are Christian. There will be a Friday morning Service at 11.00am in the Fairfield Centre, followed by a free soup & bread lunch. Put the date in your diaries! 6th March 2026.

Special announcement. Please put Sunday, 12th July in your diary, we will be celebrating 50-year anniversaries with a special Mass and party where we hope as many parishioners and friends of the church can attend. Details will follow as planning firms up.

Don't forget to let me know if you are unable to attend Mass due to ill health, as we can arrange a home visit with Holy Communion.

Also, remember that the weekly Newsletter is available on the parish website.

Rachel's Vineyard: A healing ministry for those who are suffering from the trauma of abortion. Their next Retreat weekend in the diocese is 6-8th March. For information see the poster in the porch.

A letter has come to the presbytery for Mark & Shirley Kalinauckas – can anyone assist with passing it on?

Money Matters: Thank you for your weekly collections. Last week's plate collection was £265. We are also grateful for the generous weekly Standing Orders, which currently amount to about £640 per week. Have you set up a Standing Order with the parish? It's easy: 'St Peter's Catholic Church Parish Account' Sort Code 20-98-07: a/c number: 90777048. **And for Gift Aid purposes, the Charity number for the diocese is 278742.**

We remember those who are sick and housebound in the parish and all whose anniversaries occur at this time of the year.

Every blessing for the coming week.

Fr David

Readings for the 5th Sunday in Ordinary Time (A)

First reading

Isaiah 58:6-10

Thus says the Lord:

Is not this the fast that I choose:
to loose the bonds of wickedness,
to undo the straps of the yoke,
to let the oppressed go free,
and to break every yoke?

Is it not to share your bread with the hungry
and bring the homeless poor into your house;
when you see the naked, to cover him,
and not to hide yourself from your own flesh?
Then shall your light break forth like the dawn,
and your healing shall spring up speedily;
your righteousness shall go before you;
the glory of the Lord shall be your rearguard.
Then you shall call, and the Lord will answer;
you shall cry, and he will say, 'Here I am.'
If you take away the yoke from your midst,
the pointing of the finger, and speaking wickedness,
if you pour yourself out for the hungry
and satisfy the desire of the afflicted,
then shall your light rise in the darkness
and your gloom be as the noonday.

Responsorial Psalm Ps 112(111):4-5. 6-7. 8a, 9. R4a

A light rises in the darkness for the upright.

A light rises in the darkness for the upright;
he is generous, merciful, and righteous.

It goes well for the man who deals generously and lends,
who conducts his affairs with justice.

A light rises in the darkness for the upright.

He will never be moved;
for ever shall the upright be remembered.
He has no fear of evil news;
with a firm heart, he trusts in the Lord.

A light rises in the darkness for the upright.

With a steadfast heart he will not fear.
Open-handed, he gives to the poor;
his justice stands firm for ever.
His might shall be exalted in glory.

A light rises in the darkness for the upright.

Second reading

1 Corinthians 2:1-5

I, when I came to you, brothers and sisters, did not come proclaiming to you the testimony of God with lofty speech or wisdom. For I decided to know nothing among you except Jesus Christ and him crucified. And I was with you in weakness and in fear and much trembling, and my speech and my message were not in plausible words of wisdom, but in demonstration of the Spirit and of power, so that your faith might not rest in the wisdom of men but in the power of God.

Gospel Acclamation

John 8:12

Alleluia, alleluia.

I am the light of the world, says the Lord;
whoever follows me will have the light of life.
Alleluia.

Gospel

Matthew 5:13-16

At that time: Jesus said to his disciples, 'You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet.
'You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.'