

## Our Lady and St Peter, Aldeburgh

(and All Saints, Seaward Avenue, Leiston,  
IP16 4BA)

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## FIRST SUNDAY OF LENT

9<sup>th</sup> March 2025

### Masses during the Week

All Masses at Aldeburgh are live-streamed\*

**Saturday** 1800 Aldeburgh\* People of the Parish  
**Sunday (9<sup>th</sup>)** 0915 Leiston  
1100 Aldeburgh\* Michael Williams  
RIP

**Monday** No Mass today

**Tuesday** 0900 Leiston

**Wednesday** 0900 Aldeburgh\*

**Thursday** 0900 Leiston

**Friday** 0900 Aldeburgh\*

**Saturday** 1800 Aldeburgh\* Michael de Boer RIP

**Sunday (16<sup>th</sup>)** 0915 Leiston Intentions of Scottie  
& Dennis

1100 Aldeburgh\* People of the Parish

Livestreamlink for Mass

[https://studio.youtube.com/channel/UC-GsEOvS0m19a\\_jvjpgLRDw/livestreaming](https://studio.youtube.com/channel/UC-GsEOvS0m19a_jvjpgLRDw/livestreaming)

We extend a warm welcome to those visiting our parish this weekend.

Tea/coffee is served in the hall after the Sunday Mass at Leiston. All welcome.

A prayer for Pope Francis for a speedy recovery:

*May the Lord protect him and grant him length of days.  
Amen.*

*May the Lord be his shield and deliver him from all harm.  
Amen.*

*May the Lord give him happiness and peace all the days of  
his life. Amen.*

Bishop Peter was also in hospital for a few days last week and is now back at home. Do keep him in your prayers.

The latest issue of the diocesan newspaper is available at the back of church. Do pick up a copy as you leave Mass today.

The Rite of Election is taking place in the cathedral this Sunday afternoon. This is a significant step for those being

Received into the Catholic Church this Easter. Matthew from Leiston will be going from our parish.

The Monthly United Prayer Gathering at Leiston is on this coming Tuesday at 10.00am at the United Church.

**Lent** ~ We are invited to journey through this Season to the most important Christian Festival of the Year – **HOLY WEEK AND EASTER**. Lent is not just about giving things up; it is also about doing something extra. Whatever we decide to do should be helping us “to die a little more to self”. It is a Season of **Prayer**, and prayer acquires strength when accompanied by **fasting** and **almsgiving**. During Lent we have our eyes firmly fixed on Jesus and his journey to Jerusalem and we journey with him. Lent is about growing in love for God, for one another and for those most in need.

**CAFOD Lenten Fast Day** ~ Friday 14<sup>th</sup> March. Envelopes are available this weekend. There will be a Soup lunch at Leiston that day 12.00-14.00. Do try and come along.

**Walk with me – A Journey of Prayer for Lent 2025** is available at the back of the church was just £1. An excellent little booklet with thoughts for prayer for each day of Lent and with an introduction by Bishop Peter.

**Lent Conversations:** We plan to have three of these during Lent on three important topics.

**Saturday 15<sup>th</sup> March, following the Saturday evening Mass at Aldeburgh** ~ ‘Rest: Do you have to work at it?’

**Wednesday 26<sup>th</sup> March at 7pm at Leiston (there will be a Mass at 6.30pm)** ~ ‘The History and Spirituality of the Option for the Poor’.

**Wednesday 9<sup>th</sup> April at 7pm at Leiston (there will be a Mass at 6.30pm)** ~ ‘Homelessness? Closer than you think!’

The topics will be introduced, followed with a time for open Conversation. They will last for no more than an hour. Put the dates on the calendar as the more who come, the richer and more fruitful our discussions will be.

**Stations of the Cross:** These will take place during Lent. The first being on Friday 14<sup>th</sup> March at Leiston at 11.30am (*before the CAFOD soup lunch*) and will be taken from Fr Gerard Bogan’s meditation available from CTS <https://www.ctsbooks.org/product/stations-of-the-cross-society-st-vincent-de-paul/>

Please let me know if you, or a group, would like to lead a session.

**Join CAFOD’s Big Lent Walk in the Jubilee Year:** You are invited to join CAFOD’s Big Lent Walk and journey together with Catholics in England, Wales and Scotland as Pilgrims of Hope in this Jubilee Year - walking 200km over 40 days during Lent. Journey to one of the churches or shrines designated as places of pilgrimage in our diocese as part of your Big Lent Walk. Every £1 you raise will support communities like Lokho’s in Kenya, experiencing the worst impact of the climate crisis, to rebuild their lives in hope. Sign up at: <https://walk.cafod.org.uk/>

**Lunchtime recital** Monday 17th March, 12.00 at Aldeburgh Parish Church.  
Helen Stanley (violin) and Nadia Lasserson (piano).  
Bach - Sonata I, Mozart - Sonata K526, Smetana - Aus der Heimat II.  
All welcome, retiring collection for Save the Children.

**Inviting ALL young people in Year 8 upwards to the Ignite Festival 3<sup>rd</sup> – 4<sup>th</sup> May:** Come and experience your faith in a dynamic way at the Ignite Festival! The weekend will include inspiring talks, passionate prayer, live music, and lots of fun stuff! Followed by the opportunity to join the Diocesan Pilgrimage to Walsingham on Bank Holiday Monday May 5<sup>th</sup>. See [www.ignitefestival.co.uk](http://www.ignitefestival.co.uk) for more information.

**Diocesan Vacancy** for: Director of Schools Service. Please see [website](https://www.rcdea.org.uk/vacancies/) for more details: <https://www.rcdea.org.uk/vacancies/>

**Money Matters:** Thank you for your weekly collections. Last week's plate collection was £278.80p We are also grateful for the generous weekly Standing Orders, which currently amount to about £640 per week. Have you set up a Standing Order with the parish? It's easy: 'St Peter's Catholic Church Parish Account' Sort Code 20-98-07: a/c number: 90777048. **And for Gift Aid purposes, the Charity number for the diocese is 278742.**

**We remember those who are sick and housebound in the parish and all whose anniversaries occur at this time of the year.**

*Fr David*

### Readings for First Sunday of Lent (c)

#### First reading

#### Deuteronomy 26:4-10

Moses spoke to the people: 'The priest shall take the basket from your hand and set it down before the altar of the Lord your God. And you shall make response before the Lord your God, "A wandering Aramean was my father. And he went down into Egypt and sojourned there, few in number, and there he became a nation, great, mighty, and populous. And the Egyptians treated us harshly and humiliated us and laid on us hard labour. Then we cried to the Lord, the God of our fathers, and the Lord heard our voice and saw our affliction, our toil, and our oppression. And the Lord brought us out of Egypt with a mighty hand and an outstretched arm, with great deeds of terror, with signs and wonders. And he brought us into this place and gave us this land, a land flowing with milk and honey. And behold, now I bring the first of the fruit of the ground, which you, O Lord, have given me." And you shall set it down before the Lord your God and worship before the Lord your God.'

#### Responsorial Psalm

Ps 91(90):1-2. 10-11. 12-13. 14-15. *R* cf 15b

*Be with me, O Lord, in my distress.*

He who dwells in the shelter of the Most High,  
and abides in the shade of the Almighty,  
says to the Lord, 'My refuge,  
my stronghold, my God in whom I trust!'

*Be with me, O Lord, in my distress.*

Upon you no evil shall fall,  
no plague approach your tent.  
For you has he commanded his angels  
to keep you in all your ways.

*Be with me, O Lord, in my distress.*

They shall bear you upon their hands,  
lest you strike your foot against a stone.  
On the lion and the viper you will tread,  
and trample the young lion and the serpent.

*Be with me, O Lord, in my distress.*

Since he clings to me in love, I will free him,  
protect him, for he knows my name.  
When he calls on me, I will answer him;  
I will be with him in distress;  
I will deliver him, and give him glory.

*Be with me, O Lord, in my distress.*

#### Second reading

#### Romans 10:8-13

Brothers and Sisters: What does Scripture say? 'The word is near you, in your mouth and in your heart' (that is, the word of faith that we proclaim); because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved. For the Scripture says, 'Everyone who believes in him will not be put to shame.' For there is no distinction between Jew and Greek; for the same Lord is Lord of all, bestowing his riches on all who call on him. For, 'everyone who calls on the name of the Lord will be saved.'

#### Gospel Acclamation

#### Matthew 4:4b

Glory and praise to you, O Christ.  
One does not live by bread alone,  
but by every word that comes forth from the mouth of God.  
Glory and praise to you, O Christ.

#### Gospel

#### Luke 4:1-13

At that time: Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness for forty days, being tempted by the devil. And he ate nothing during those days. And when they were over, he was hungry. The devil said to him, 'If you are the Son of God, command this stone to become bread.' And Jesus answered him, 'It is written, "Man shall not live by bread alone."'

And the devil took him up and showed him all the kingdoms of the world in a moment of time, and said to him, 'To you I will give all this authority and their glory, for it has been delivered to me, and I give it to whom I will. If you, then, will worship me, it will all be yours.' And Jesus answered him, 'It is written, "You shall worship the Lord your God, and him only shall you serve."'

And he took him to Jerusalem and set him on the pinnacle of the temple and said to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to guard you", and "On their hands they will bear you up, lest you strike your foot against a stone." ' And Jesus answered him, 'It is said, "You shall not put the Lord your God to the test."'

And when the devil had ended every temptation, he departed from him until an opportune time.